

# **Nurse's Notes**

Demetra Tzinoudis, BSN, RN, CSN (Lower School) Paula Lowe, BSN, RN, CSN (Intermediate School) Brittney Henning, MSN, RN, CSN (Upper/High School) Kristin Weaver, BSN, RN, PCCN (Upper/High School)



#### Dear Parents/Guardians:

We would like to welcome you and your child back to Odyssey Charter School.

The following are mandatory health forms for returning students to OCS. All forms can be downloaded from the Odyssey Charter School website.

**-PHYSICAL EXAMINATIONS-** ONLY required for students returning into 9<sup>th</sup> grade. Must be in the nurse's office by July 31<sup>st</sup>, 2020, to avoid any exclusions from starting school.

-DELAWARE EMERGENCY CARD (2020-2021 SY)-Due by September 11, 2020

## PHYSICAL EXAMINATIONS:

Physical Exam/Immunization form can be downloaded from the Odyssey Charter website (please refer to grade level specific forms). All students shall have a physical examination that has been administered by a licensed medical physician, nurse practitioner, or physician's assistant. **The form must be current and dated after August 31, 2018.** 

If your child has had, or will be having, a new physical examination/immunizations, please forward a copy of the physical/immunizations to the nurse's office. This will help us keep your child's records up-to-date.

# **EMERGENCY TREATMENT CARD: (required)**

Please fill out both sides of this form. This must be filled out on <u>A YEARLY BASIS</u>. This information may be shared on a need to know basis with school personnel. One purpose of this form is to assist the nurse and other school personnel in contacting parents/guardians should a medical emergency arise. Should there be any health related changes during the course of the school year, please notify your student's school nurse so that they can update your child's card.

# **IMMUNIZATIONS:**

All students entering the Odyssey Charter School are required to comply with the immunization regulations adopted by the Delaware Department of Education. Documentation of the vaccines listed below is required for attendance. A new enterer is defined as "any child between the ages of two months and 21 years entering or being admitted to a Delaware school district for the first time, including but not limited to, foreign exchange students, immigrants, students from other states and territories and children entering from non-public schools."

## **Delaware's Schedule of Required Immunizations:**

- Five or more doses of DtaP, DTP, or TD vaccine (unless fourth dose was given after 4<sup>th</sup> birthday)
- Four doses of IPV or OPV (unless third dose was given after 4<sup>th</sup> birthday)
- Two doses of MMR (measles, mumps, rubella). Disease histories for measles, mumps, and rubella shall not be accepted unless serologically confirmed.
- Three doses of Hepatitis B vaccine. Titers are not acceptable in lieu of completing the vaccine series and a disease history for Hepatitis B shall not be accepted unless serologically confirmed.
- Two doses of Varicella. Beginning in the 2008-2009 school year, "new enterers" shall be required to have two doses of the Varicella vaccine. Also, a disease history for Varicella must be verified by a health care provider to be exempted from the vaccination.

- Tdap booster and Meningococcal vaccines are required for Students entering into 9th grade ONLY

#### **MEDICATION POLICY:**

By law, students are not permitted to carry any form of medication with them at school, including Tylenol and Advil. All medications are to be administered by the school nurse. Students must have parental permission for medication to be administered during the school day. There must be a current emergency card on file which gives parental permission to distribute over-the-counter and any other topical medications during the school day.

## **Prescription Medications:**

Medications prescribed by a licensed healthcare provider may be administered to students by the school nurse under the following conditions:

- Written request received from the parent/guardian
- The medication must be brought to school in the original container that is properly labeled with the student's name, the dosage, how and when it is to be administered, the name and phone number of the pharmacy, and the current date of the prescription.
- Any allergies are noted
- The prescription and the medication shall be current and long term prescriptions shall be re-authorized at least once a year.
- Students with asthma or those who require an epi-pen must have an <u>Emergency Care Plan</u> filled out by their physician. Emergency Care Plans need to be completed on <u>A YEARLY BASIS</u>.

## **Over-The-Counter Medications:**

The nurse's office routinely stocks Tylenol, Ibuprofen, and Tums. Students must have written permission each year from the parent/guardian in order for the school nurse to administer the medications. Non-prescription medications may be given by the school nurse after the nurse assesses the complaint and symptoms. It will be determined if other interventions can be used before administering medication. If a student requires any other type of over-the-counter medication during school hours, the medication needs to be brought into the nurse's office in its original container with a note from the parent/guardian stating the dosage, time, and reason for the medication.

\*Please note\*- These are the State of Delaware regulations and <u>no</u> exceptions will be made. If the medication sent in for your child does not meet ALL of the above criteria for labeling and proper physician orders and parent/guardian permission, the medication <u>WILL NOT BE GIVEN</u>. The medication will be sent home with your child. We cannot accept telephone permission to administer medication. Forms for medication consent are available at the nurse's office during the school year.

#### **CHANGE OF CLOTHING**

All students should bring a change of clothing to be left at school. Many situations arise when students, both girls and boys alike, could use a change of clothes. Examples: Rainy/snowy weather, spilt food items at lunch, personal hygiene...etc.

Thank you for your cooperation. If you have any questions, please feel free to contact us.

In Health.

Demetra Tzinoudis, BSN, RN, CSN @ 516-8000 x454 (demetra.tzinoudis@odyssey.k12.de.us) Paula Lowe, BSN, RN, CSN @ 516-8000 x506 (paula.lowe@odyssey.k12.de.us) Brittney Henning, MSN, RN, CSN @ 516-8000 x607 (brittney.henning@odyssey.k12.de.us) Kristin Weaver, BSN, RN, PCCN @516-8000 x607 (kristin.weaver@odyssey.k12.de.us)